



Creating Your MoneyPeace:

YOUR ROAD TO
FINANCIAL HEALTH & STABILITY

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Your finances are a reflection of you. Like your clothing, home decoration or hobbies, your choices of what to do with your money are uniquely yours. Your priorities, circumstances and understanding will help you identify your choices. These choices are not about right or wrong; rather, they are decisions about what will make you feel happy and fulfilled.

The MoneyPeace philosophy is a combination of facts and spiritual principals that will help you find the best answers for your financial life. Your money is yours. Your money choices are yours. You need to create your own philosophy to align with your money. You will find peace around your money when you find peace within your choices. MoneyPeace creates a holistic way of organizing your financial decisions around you—not what works for others or what an expert decides for you.

Creating Your MoneyPeace is a handbook of financial information to help you accomplish your own MoneyPeace. This book offers an opportunity to create the financial life you choose with understanding, consciousness and clarity. Consider this your guide book to consult and discover the tools and techniques to become more conscious of your money.

Conscious choice is a key component of MoneyPeace. Your conscious choices may include giving to charity or saving more or spending money on expensive hobbies that make you feel alive. The bottom line is that by being conscious in dealing with your money, you make better choices for yourself and understand the impact of your decisions on your well-being.

The great philosophers from Napoleon Hill to Socrates to Louise Hay promote the concept that we are what we think. I encourage you to think bigger, to have good thoughts and intentions for a life that is fulfilling and prosperous. Thinking positive thoughts is the holistic way of arriving at the best money approach.

The information and exercises in this handbook grew out of my work with clients and groups for over twenty-five years. In my work, I discovered that most individuals need to start by taking time to determine what they want and value and where they are heading. Then they can make their best financial decisions.

My hope is that you will turn to this book over and over again, reading, reflecting and taking active steps along the way in your financial life. This is the way to create the life that you want—a life that is free of confusion by building clarity around your money and life.

Enjoy creating your own MoneyPeace.

Choose Consciously
Plan Attentively
Live Peacefully
